



Benefit for:



Herron Park XC Race Kalispell, Mt

August 16, 2009

USAC Permit Number 2009-1900

Flathead Cycling Race Team



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ENDURANCE FUELS & SUPPLEMENTS



Course Description:

The race and registration will be held at Herron Park, south of Kalispell. The course is a fun and challenging combination of double-track and single-track, with a few easy technical sections, consisting of short sections of a steep descent and a few switchbacks. The first half is easy, steady climbing with lots of opportunities for lead changes, and the second half is mostly fast and fun descents. The course loop is a little over 8 miles long.

Categories:	Length:	Fees:
• Men Pro/Cat 1	24 Miles	\$20
• Women Pro/Cat 1	24 Miles	\$20
• Men Cat 2	16 Miles	\$20
• Women Cat 2	16 Miles	\$20
• Men Cat 3	8 Miles	\$20
• Women Cat 3	8 Miles	\$20
• Juniors	8 Miles	-0-

Registration:

Registration is from 9:00 AM—10:30 AM at Herron Park; the race will begin at 11:00 AM sharp, rain or shine. Juniors race free unless they enter any category *other than* the juniors category. One -day licenses available for \$5.00. All Pro/Cat 1 racers must have an annual license. All USAC rules apply.

Notes:

Trophies for all categories, 1st through 3rd. Prizes must be collected at awards ceremony (no awards will be mailed). There will be a free youth (kids) race, following the main race. Each child entered will receive a prize. Promoters have the right to combine classes. Overnight camping is available in the park (\$10.00 per tent, check made out to Flathead County). Foys Lake is 1/4 mile away. **Race Official: Don Russell**

Directions:

From Hwy 93: Turn onto Rocky Cliff Road (about 3 miles south of main part of Kalispell). Turn left at Airport Road (Rocky Cliff ends there). Airport road name changes to Foys Canyon Road (same road). Stay on Foys Canyon about 2.5 miles to Herron Park.

For More Information:

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