



## Montana State Road Cycling Championships - Whitefish, MT

**Saturday, July 22, 2006 / Registration: 9:30-10:30am / Racing begins at 10:30am**

Promoted by Flathead Cycling and our sponsors. / USCF Permit (pending) / Sanctioned by USA cycling / Montana Team Championship Trophy / Lance Armstrong Junior Olympic Racing Series event (pending)

**Course Description:** This is a similar course to last year, except most riders will do extra lap(s) around the 6.6 mile loop and the finish will be on the flats before crossing Logan Creek for the first time on the way back (just before the descent down the "wall"). There will be 2 sprint primes for the Cat 1/2/3 Men's field and 1 sprint prime for the Women's 1/2/3/4 field at the top of the rise at the end of the long straight-away on Lodgepole. There will also be a King and Queen of the Mountain Prime at the top of the "wall" climb up to Star Meadows. All sections are paved. Riders will use the Round Meadows Nordic Center parking lot as staging area and the race will start from there. From the start riders will descend one neutral mile on Star Meadows Road to the intersection with Farm to Market Road. Riders will head south on Farm to Market for 5.5 miles before turning left on Twin Bridges Road looping around the Twin Bridges, Lodgepole, Farm to Market 6.6 mile loop several times, depending upon category and then proceeding back north to Star Meadows Road, where the race climbs steeply at first and stair steps with steep but not terribly long climbs all the way to the flatlands of the expansive Star Meadows. The race will turn around at the end of the pavement 17 miles from the turn up from Farm to Market, finishing on the flats before crossing Logan Creek on the way back. Course will be marked. Expect some potholes and breakup, but the entire course is paved and will not descend the wall or through the sections that were in bad shape last year. The feed zone will be as riders climb past the Round Meadows parking area. There may be volunteers to help with the feed zone, but please have someone there to guarantee you get a bottle.

**Overall:** The course has something for all riders, sprint primes, KOM. It is not a pure climbers course and should favor all-around riders that can hang with the climbers on the stair-step climb up to Star Meadows which typically breaks up the field. Center line will be enforced on all sections. Stay right even on unmarked sections of pavement. The Tim Murphy State Farm Montana Team Championship Trophy will be up for grabs again this year. Flathead Cycling encourages all teams to field riders in as many categories as possible as Junior, Women, Masters, and Senior categories all count equally for points toward the team trophy. The winning team will take home the trophy until next year's road championships.

### Time Schedule:

#### **9:30-10:30 Register**

**10:30--Women 1/2/3/4** (Category 1/2, Cat. 3, and Cat. 4. *All women will continue to start together, but they will be scored separately for the purposes of the Subaru Montana Cup Series.*)

1 lap/43 miles

**10:31-Juniors** follow women (*we will provide results for all juniors finishing order and score separately LAJORS Age-Graded Racing Categories 10-12, 13-14, 15-16, 17-18, both Men/Women Juniors will finish on the way up and not have to go to the end of the pavement and back.*)~35 miles

**11:00- Men 1/2 & 3** begin (3s will be scored separately)

6 laps on Lodgepole Circuit/Primes on Laps 2 and 4/ 70 miles

**11:04- Men Masters A/B/C/60+** (Categories will be scored separately, *MBRA self-seeding guidelines are as follows...Masters A: Cat. 1, 2 or 3, Age 35-44; Cat. 2, Age 45-54; Masters B: Cat. 2 or 3, Age 55+; Cat. 3, Age 45-54; Cat. 4, Age 35-44; Masters C: Cat. 4 or 5, Age 45-54; Cat. 4 or 5, Age 55+; Cat. 5, Age 35-44, 60+ will finish on the way up*)

3 laps/50 miles

**11:10- Men 4,5** begin

3 laps/50 miles

-Promoter reserves right to combine or expand race groupings via racer turnout and staff. All categories scored separately for count toward the team trophy.

**Directions:** From downtown Whitefish proceed on Rt. 93 north for approximately 11.7 miles, then take a left on Farm to Market Road. Follow Farm to Market road for 1.5 miles then take a right turn onto Star Meadows road. Drive up Star Meadows Road .5 miles to the Round Meadow Cross Country ski area on the right.

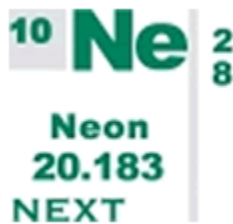
**Fees:** \$20 registration fee. USCF annual/one day license required and available at registration. MBRA membership applications will be accepted at registration, but racers will not receive numbers or race credit until the next race. Place numbers on RIGHT side. Juniors with valid USA Cycling one day or season license race for \$1.

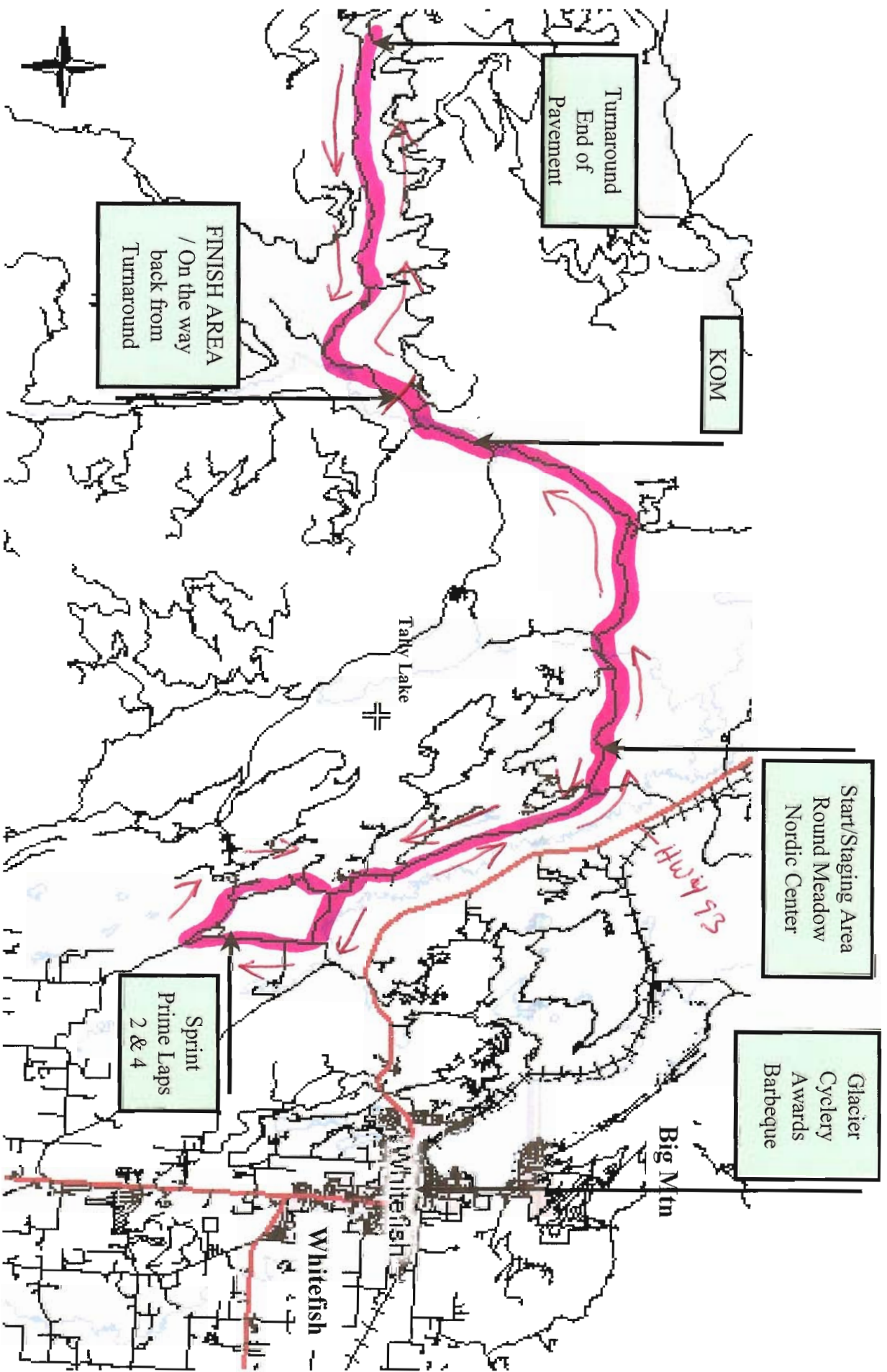
**Rules:** All USCF rules apply. Helmets are mandatory while warming up AND cooling down. Please make sure your bars are properly capped.

**Prizes:** To be determined by turnout. Awards and barbecue will be held at Glacier Cyclery in Whitefish as soon as practicable after the finish of the race. Top five places count toward the Tim Murphy State Farm Team Trophy. 5 points for first and counting down to 1 point for fifth instead of 10. So only five places per category count towards the team trophy. (Montana teams to try to fill as many categories as possible to give themselves the best chance to win the traveling trophy! Winning team takes it home until next year's state championships. All four junior categories and 60+ masters categories count toward the team trophy!!!). All proceeds after prizes payout and costs will be donated to Fish Trails in support of pedestrian/bike trail efforts in the Whitefish area. Unclaimed prize money will also be donated.

**Contact:** Race Director Walt Chauner ([waltfun@centurytel.net](mailto:waltfun@centurytel.net)), Chief Referee Don Russell, Race Official Russ Schneider ([russchneider@centurytel.net](mailto:russchneider@centurytel.net)).

**Sponsors:**





# Star Meadows Road Race Course 2006